

Sex Education

The grid below shows specific 'Sex Education' learning intentions for each year group from the JIGSAW materials and can be found in the 'Changing Me' Puzzle.

Year Group	Piece Number and Name	Learning Intentions 'Pupils will be able to...'
1	Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none"> ~ identify the parts of the body that make boys different to girls ~ respect my body and understand which parts are private ~ use the correct names for private parts of the body: penis, testicles, vagina, vulva, anus
2	Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none"> ~ recognise the physical differences between boys and girls ~ appreciate that some parts of my body are private ~ use the correct names for private parts of the body: penis, testicles, vagina, vulva, anus ~ tell you what I like/don't like about being a boy/girl
3	Piece 1 How Babies Grow	<ul style="list-style-type: none"> ~ understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby ~ express how I feel when I see babies or baby animals
	Piece 2 Babies	<ul style="list-style-type: none"> ~ understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow ~ express how I might feel if I had a new baby in my family
	Piece 3 Outside Body Changes	<ul style="list-style-type: none"> ~ understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies ~ identify how boys' and girls' bodies change on the outside during this growing up process (puberty) ~ recognise how I feel about these changes happening to me and know how to cope with those feelings

	Piece 4 Inside Body Changes	<ul style="list-style-type: none"> ~ identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up ~ discuss words linked to changes in puberty: testicles, sperm, penis, ovaries, egg, uterus, vagina ~ recognise how I feel about these changes happening to me and how to cope with these feelings
4	Piece 2 Having A Baby	<ul style="list-style-type: none"> ~ correctly label the internal and external parts of male and female bodies that are necessary for making a baby ~ discuss words linked to making a baby: sperm, egg, penis, testicles, vagina, womb/uterus, ovaries, making love, fertilise, conception ~ understand that having a baby is a personal choice and express how I feel about having children when I am an adult
	Piece 3 Girls and Puberty	<ul style="list-style-type: none"> ~ describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this ~ discuss words linked to changes in a girl's body: menstruation, periods, vagina, ovary, womb/uterus, sanitary towels, sanitary pads, tampons, vulva ~ know that I have strategies to help me cope with the physical and emotional changes I will experience during puberty
5	Piece 2 Puberty for Girls	<ul style="list-style-type: none"> ~ explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally ~ discuss words linked to changes in a girl's body: menstruation, periods, vagina, ovary, oestrogen, womb/uterus, sanitary towels, sanitary pads, tampons, vulva ~ understand that puberty is a natural process that happens to everybody and that it will be OK for me
	Piece 3 Puberty for Boys	<ul style="list-style-type: none"> ~ describe how boys' bodies change during puberty ~ discuss words linked to changes in a boy's body: sperm, semen, testicles, erection, ejaculation, wet dream, larynx, facial hair, growth spurt, hormones ~ express how I feel about the changes that will happen to me during puberty
	Piece 4 Conception	<ul style="list-style-type: none"> ~ understand that sexual intercourse can lead to conception and that is how babies are usually made

		~ understand that sometimes people need IVF to help them have a baby ~ appreciate how amazing it is that human bodies can reproduce in these ways
6	Piece 2 Puberty	~ explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally ~ discuss words linked to changes in puberty: body hair, menstruation, semen, erection, hormones, breasts, wet dream, ovulation, masturbation, clitoris, sperm, penis, vagina, womb, vulva ~ express how I feel about the changes that will happen to me during puberty
	Piece 3 Babies – Conception to Birth	~ describe how a baby develops from conception through the nine months of pregnancy, and how it is born ~ discuss words linked to having a baby: pregnancy, embryo, foetus, placenta, umbilical cord, labour, contractions, cervix ~ recognise how I feel when I reflect on the development and birth of a baby
	Piece 4 Boyfriends and Girlfriends	~ Understand how being physically attracted to someone changes the nature of the relationships and what that might mean about having a girlfriend/boyfriend ~ Understand that respect for one another is essential in a boyfriend/girlfriend relationship, and that I should not feel pressured into doing something I don't want to

Parents will be informed of the curriculum content before the start of any Sex Education learning and invited to view the material that their children will be shown. Parents have the opportunity to withdraw their children from some or all of these lessons if they so wish.